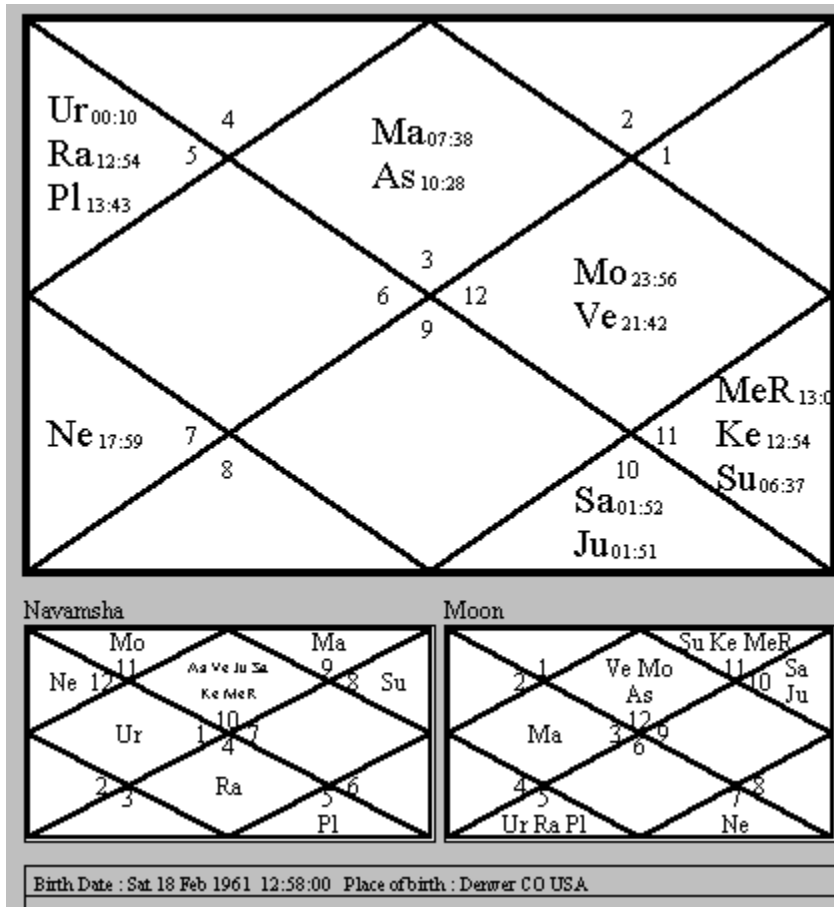


# COMPREHENSIVE HEALTH REPORT

<b>Name</b>	XYZ
<b>Date of Birth</b>	MM/DD/YYYY
<b>Time of Birth</b>	12:00:00 AM
<b>Place of Birth</b>	City of Birth, Country

## Your Birth Chart



## Explanation of Birth Chart

Your Ascendant or Rising Sign as per your natal horoscope is Gemini at 10 degrees and 28 minutes approximately.

Your Sun sign as per your Vedic natal horoscope is Aquarius at 06 degrees and 37 minute. This will correspond to Western zodiac sign Pisces.

Your Moon sign as per your Vedic natal horoscope is Pisces at 23:56:45 (Degree: Minute: Seconds).

Your Birth Nakshatra (Star) is 'Revati' 3<sup>rd</sup> phase, which is the star cluster number 27 in the 27 star clusters comprising the entire zodiac sign.

### **Overall picture of your health**

In your horoscope Gemini lagna is rising. Ascendant is the most important house in a horoscope, since it represents the self, our physical body and our overall stamina to overcome all sorts of obstacles and challenges in life. In your horoscope, lagna or ascendant is occupied by malefic Mars, who is the lord of diseases. Mars being a fiery planet by nature makes a person bold, active and energetic in life. Placement of lord of disease in the ascendant strengthens this lord and gives a person good stamina to overcome diseases. However, due to the malefic nature of Mars, it makes a person prone to injuries and accidents.

Mercury is the lord of ascendant or lagna placed in ninth house in close degrees with Rahu-Ketu axis and third lord Sun. Association of lagna lord Mercury with third lord indicates your inclination towards sports and related activities. Association of Mercury with two malefic planets, Sun and Ketu cause blemish to Mercury. Afflicted Mercury gives you proneness towards fire accidents, injuries in the body, ENT problems and pains in the body due to weakening or inflammation of nerves.

Overall, the strength and condition of ascendant indicates a strong physical constitution and body immunity to fight disease in the body. However, association of malefic planets with ascendant and its lord make you prone to accidents, bodily injuries and weakness in nervous system which you must guard your body against.

### **Indication of your 6<sup>th</sup> house**

In the natal chart of a person, the sixth house pertains mainly to health diseases. It not only indicates the reason of origin of the disease but also gives the idea about what immunities the native has. The strong position of sixth house is supportive for safeguarding a person from the disease by providing strong immune system. On the contrary, when the sixth house is weak, the person is more prone to health ailments in an opposing environment.

In your horoscope, sixth house and its lord Mars are strong. Sixth house the house of disease is not under the influence of any malefic or afflicted planet. Mars the lord of diseases is placed in the lagna or ascendant. This gives strength to the sixth lord and indicates bodily immunity. However, Mars being a naturally malefic and fiery planet gives proneness towards accidents and physical injuries and wounds.

## **Indications of your Ascendant and 8<sup>th</sup> house**

Ascendant in a chart signifies the general health of a person. 8<sup>th</sup> house is the house of death. The strong position of 1<sup>st</sup> house and lord of 1<sup>st</sup> house is supportive for enjoying good health in life. On the other hand, the weak Ascendant signifies that a person may suffer on account of health. In the same way, the strong 8<sup>th</sup> house is supportive for providing good longevity to the native. On the other hand, weak 8<sup>th</sup> house or 8<sup>th</sup> house lord shortens the life span. In addition, the 8<sup>th</sup> house and the planets influencing this house also signify the reason for the end of life.

I have already discussed that the condition of lagna or ascendant in your horoscope indicates proneness towards injuries, accidents and bodily pains due to weakening of nerves. Eighth house in general represents longevity and chronic health ailments in the body. In your horoscope, eighth house is ruled by the planet Saturn, who is also an auspicious trinal lord. Saturn is a strong planet in your horoscope who is well placed in own eighth house with benefic Jupiter. This placement of eighth lord Saturn, in own house increases the strength of the house of longevity, and indicates good long life.

Saturn in this house is also receiving the aspect of lord of disease Mars placed in the lagna. Influence of malefic Mars on eighth lord Saturn makes you prone to spinal injuries and pains in the lower limbs (joint pains). Since the planet Jupiter is getting blemished with Mars and Saturn, you could have hormonal imbalances, obesity and digestive disorders especially related to liver.

Planetary combinations in the eighth house also indicate that at some stage in your life you may even have to undergo surgery related to joint and back problems.

## **Indications of any specific diseases**

In a natal chart, the most weak or opposing planet, which is related to body or health, is the karaka planet for providing a specific health problem to the native.

A person suffers from health problems on account of weak planets in his birth chart since those planets fail to protest their significations. The problems raise their heads during the sub periods of weak planets or whenever the natal weak planets come under the influence of malefic transiting planets.

As I have mentioned in my analysis related to ascendant, sixth and eighth houses, you are prone to diseases related to joints (especially in the lower limb

of the body), accidents and injuries in the body, weakness in nerves, digestive disorders and hormonal imbalances.

You must guard your health against these diseases.

### **Unfavorable time for your health**

In the natal chart, the planets effective in the sequence of main periods/sub periods of planets (Dashachakra) as well as the planets in transit indicate the signs of health problems in the life of a person.

Dasha or planetary period has a great importance in our life. They unfold the horoscopic promises related to different aspects of our life. As you mentioned that you have been suffering from joint pains, injuries in back, left knee and thyroid problems since past years which is also indicated by the dashas.

The series of dashas in your horoscope indicate that your health problems must have mainly started in the dasha of Sun between November 1995 and November 2001, and thereafter they aggravated in the following dasha of Moon, between November 2001 and November 2011. Dasha lord Sun is a malefic planet associated with ascendant lord Mercury and malefic Ketu causing joint pains and injuries in the body. Following dasha of Moon, the second lord placed in the house of profession with exalted Venus, further aggravated the health conditions due to the blemish it carries in the horoscope. Other than physical health, dasha of Moon must have also impacted your mind or mental health, with mood swings and depressions.

You are presently running the dasha of Moon/Venus from September 2009 till May 2011. In your horoscope, both Moon and Venus are placed together in the tenth house. They are receiving the aspect of malefic Saturn placed in eighth house. This dasha indicates chronic joint pains ( problems in back and knee). Both Moon and Venus being watery planets may also increase body weight during this period.

This will be followed by the dasha of Moon/Sun from May 2011 till November 2011. Dasha of Moon/Sun will not provide much respite in the health condition. During the antardasha of Sun, you may experience pains in lower limbs of the body due to weakness in nerves and also injuries to the body.

This will be followed by the dasha of Mars, the lord of diseases. There could be injuries and aggravated joint pains in the dashas of Mars/Rahu and Mars/Jupiter between April 2012 and March 2014. Especially the period of Mars/Jupiter between April 2013 and March 2014, may give digestive disorders, acute joint pains for which you may even have to undergo surgical intervention.

The period of Mars/Saturn from March 2014 till May 2015 may continue to give joint pains and troubles in the back.

Following period of Mars/Mercury and Mars/Ketu between May 2015 and October 2016 may aggravate pain in the lower limbs due to weakness of nerves. You must be very careful in health matters during this period, any negligence can cause serious troubles. Thereafter, there will be gradual improvement in your health condition mainly towards the end of Mars dasha.

### **Critical Years for Your health**

The overall analysis of your birth chart indicates that the years **2014, 2016 and 2020** would be sensitive with regard to health.

I have thoroughly studied your birth chart and after the minute analysis of the chart, I am of the opinion that these years can be critical for your health, as they belong to weak and malefic planets, which can have a negative impact on your health.

Period from March 2014 till May 2015 will be ruled by Mars/Saturn. Both Mars and Saturn are naturally malefic planets and lords of sixth and eighth houses, the two houses of disease. During this period, overall health problems may aggravate. There could be acute joint pains, injury in the body, digestive disorders and possible surgery during this period.

Thereafter the following dashas of Mars/Mercury (between May 2015 and May 2016) and Mars/Ketu (between May 2016 and October 2016), may continue to give health troubles without much respite in the condition.

Dasha of Mars/Mercury may cause pains in the body due to weakness and inflammation of the nerves and also digestive disorders. Dasha of Mars/Ketu gives proneness towards accidents and injuries to the body, from fire and sharp objects. Since the period is critical for your health therefore, you must take necessary health precautions during this phase.

Thereafter, the beginning of Rahu mahadasha between November 2018 and July 2021, may again aggravate your health problems. Although Rahu is placed in third house of the birth chart, that gives a person good stamina or physical endurance to overcome diseases; however it is receiving the aspect of afflicted Mercury and Sun, causing food poisoning, digestive disorders, acute pain in the body due to inflammation and weakness of nerves.

You must take care of your health especially during the above mentioned critical period, as any negligence can negatively affect your health.

## Next fifteen years through the lens of Karma Index

This gives the astrological signature for disturbance of ease in our life. Disease actually means Disturbance of Ease ' for any aspect of life. If it is disturbance of ease for the physical body, a negative value of index will represent ' illness '. If it is disturbance of ease in vocation, the negative value of index will represent enmity, obstacles, litigation, and debts. It normally signifies oppositions, difficulties and obstacles in life. A positive value of index will represent that we are being able to carry out all our ' Karma ' without any obstacles, and even if there are obstacles we will be able to overcome them successfully.

*"For the one balanced in food and recreation,*

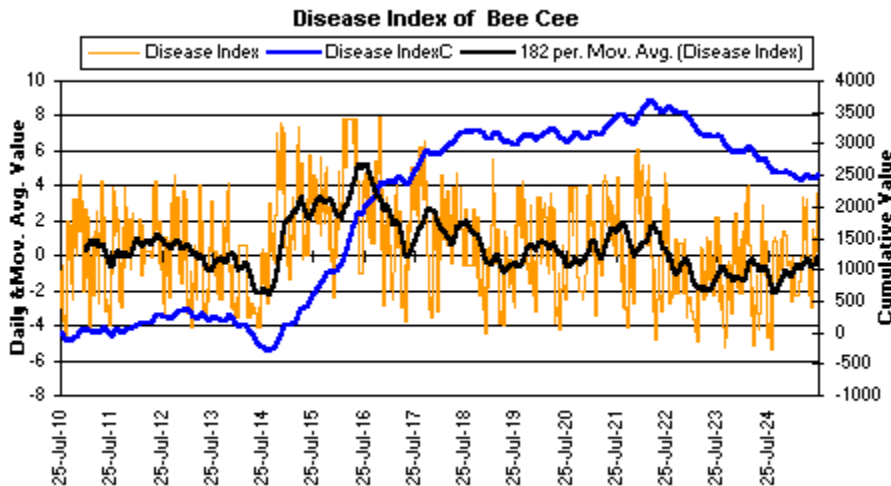
*Who is restrained in his actions,*

*Whose sleep and waking are regulated.*

*There ensues a discipline*

*Which destroys all ailment."*

## **Bhagavad Gita - The Yoga of Knowledge**



**Analysis of Disease Index depicting 30 or more consecutive days of positive and negative cumulative Index Value from July 25, 2010 to July 24, 2025**

From Date	To Date	No of Days	Cumulative Points	Average Cumulation
25-07-2010	10-09-2010	48	-137.393765543667	-2.86237011549306
20-10-2010	29-12-2010	71	188.92752891845	2.66095111152746

03-05-2011	12-06-2011	41	86.6048958449192	2.11231453280291
13-06-2011	30-07-2011	48	-132.397177420252	-2.75827452958858
31-07-2011	12-09-2011	44	105.506058168489	2.39786495837475
13-09-2011	14-10-2011	32	-52.6601867464519	-1.64563083582662
20-12-2011	24-02-2012	67	96.8964771766697	1.44621607726373
29-03-2012	30-04-2012	33	6.54022356186332	0.198188592783737
16-05-2012	28-06-2012	44	125.326589458113	2.84833157859347
13-07-2012	13-08-2012	32	-48.063826453152	-1.501994576661
29-09-2012	28-11-2012	61	127.696081550029	2.09337838606605
21-01-2013	13-03-2013	52	-130.358054083758	-2.50688565545688
23-05-2013	23-06-2013	32	-91.2429718434401	-2.8513428701075
05-07-2013	06-08-2013	33	53.0893139514838	1.6087670894389
05-09-2013	05-10-2013	31	-48.0281334252795	-1.54929462662192
26-10-2013	26-11-2013	32	83.9554041353383	2.62360637922932
27-11-2013	03-02-2014	69	-179.682138700116	-2.60408896666834
04-02-2014	24-03-2014	49	31.4415485829959	0.641664256795835
25-03-2014	13-07-2014	111	-366.291329887218	-3.29992189087584
23-10-2014	07-01-2015	77	366.699192841571	4.76232717976067
12-02-2015	03-05-2015	81	269.249598766934	3.32406912057943
09-05-2015	04-12-2015	210	588.632330267469	2.80301109651176
17-01-2016	17-06-2016	153	923.119799406058	6.03346274121607
12-07-2016	11-12-2016	153	518.464364628291	3.38865597796269
23-12-2016	26-01-2017	35	53.8373329333878	1.53820951238251
02-03-2017	12-04-2017	42	100.236736114972	2.38658895511838
13-04-2017	31-05-2017	49	-122.055227315701	-2.49092300644289
21-06-2017	30-10-2017	132	519.687331536128	3.93702523891006
31-10-2017	29-11-2017	30	-87.6324403278924	-2.92108134426308
30-11-2017	29-12-2017	30	46.9202404680346	1.56400801560115
04-02-2018	16-04-2018	72	157.729956177431	2.19069383579765
25-04-2018	03-07-2018	70	176.040198647498	2.51485998067854
06-08-2018	17-09-2018	43	-23.8561759798927	-0.554794790230063
31-10-2018	29-11-2018	30	-50.3919350892009	-1.67973116964003
26-01-2019	27-02-2019	33	92.8446795995644	2.81347513938074
22-03-2019	12-05-2019	52	-160.840032505451	-3.09307754818175
30-05-2019	17-07-2019	49	-54.3969792385031	-1.11014243343884
09-08-2019	30-09-2019	53	137.148457200695	2.58770673963575
17-11-2019	25-12-2019	39	-72.0900116786023	-1.84846183791288
29-04-2020	30-06-2020	63	-176.324921996655	-2.7988082856612
07-07-2020	05-08-2020	30	-55.8152695776513	-1.86050898592171
06-08-2020	15-10-2020	71	157.684611943599	2.22091002737463
16-10-2020	23-12-2020	69	-108.762574343354	-1.57626919338194
24-12-2020	25-01-2021	33	92.7424306235247	2.81037668556136
14-04-2021	14-07-2021	92	239.317505933152	2.60127723840382
06-09-2021	21-10-2021	46	-125.811941637565	-2.73504220951228
03-12-2021	23-03-2022	111	380.579367686964	3.42864295213481
02-04-2022	26-06-2022	86	-210.055927945098	-2.44251079005928
27-06-2022	10-08-2022	45	100.849502435825	2.24110005412945
11-08-2022	21-09-2022	42	-87.9038667026316	-2.09294920720552
07-12-2022	20-03-2023	104	-328.239836805404	-3.15615227697504
01-07-2023	31-07-2023	31	29.7023584664324	0.958140595691368
13-08-2023	15-11-2023	95	-260.531104962855	-2.74243268381953

06-02-2024	15-03-2024	39	86.1775213273547	2.20968003403473
16-03-2024	31-05-2024	77	-237.730313650483	-3.0874066707855
13-07-2024	31-08-2024	50	-202.362457734571	-4.04724915469141
21-09-2024	28-10-2024	38	-29.2957782643079	-0.770941533271259
03-12-2024	29-03-2025	117	-143.159365601503	-1.22358432138036
30-03-2025	08-05-2025	40	81.3531077045442	2.03382769261361

**Comments:**

 **Best Period**  
 **Worst Period**

The disease index for next 15 years, indicates mixed results related to your health. There are favourable indications for health during the first half of this period than the later half. The graph indicates more or less constant period for your health between July 2010 and July 2014, with a steep increase in scores between July 2014 and July 2016, and a maximum scores reached between January 2016 and June 2016, a period of 153 days most favourable for your health. Thereafter, there is a decline in scores between July 2016 and July 2017. The scores show gradual decline in the second half, with minimum scores in scores between July 2024 and August 2024, period of 50 days when you are most susceptible to health ailments. You must guard your health especially during this period.

### Dasha signature about your health

You are presently running the mahadasha of Moon, from November 2001 till November 2011. Moon is the second lord of birth chart, placed in tenth house with Venus. Moon is a natural benefic planet, who is associated with strong and auspicious Venus. However, this Moon and Venus combination is receiving the aspect of malefic Saturn from eighth house causing blemish to the dasha lord Moon. Therefore, Moon carries disease giving propensities, which will manifest in the antardashas of weak planets.

Dasha of Moon/Sun from May 2011 till November 2011, will be inauspicious for your health, since both Moon and Sun under the influence of malefic planets in your horoscope. You are therefore prone to injuries in the body, pains in the limbs due to weakness and inflammation of the nerves. Moon being a watery planet may increase your body weight and cause retention of water in the body.

This will mark the end of Moon mahadasha followed by the mahadasha of Mars, a malefic lord of disease placed in the lagna. It will be a period of 7 years from November 2011 till November 2018. Mars is placed in the ascendant or lagna without any benefic planetary influences. Due to the malefic nature of Mars, also due to its lordship in the horoscope, it gives proneness towards injuries

and wounds on the body due to sharp objects. There is also proneness for fire accidents during this dasha.

Period from April 2012 till May 2015 may aggravate joint problems, back and knee pains. There could also be digestive disorders and pain in the abdominal area. Especially during the period of Mars/Jupiter (April 2013 and March 2014), you may even be advised to undergo surgery.

Thereafter, the following period of Mars/Mercury (between May 2015 and May 2016 ) and Mars/Ketu (from May 2016 till October 2016), may not bring much respite in the health condition. There could be bodily pains, especially in the lower limbs of the body due to weakness or inflammation of nerves. In the period of Mars/Ketu, you need to be especially careful, since you are prone to accidents and injuries due to sharp objects and fire (electricity also). Thereafter, the dashas indicate gradual improvement in health condition.

### **Your health in coming fifteen years**

The period for next fifteen years does not seem very promising for your health. You may experience mixed results related to health, the chronic health conditions related to joints- in the back and knee may continue to affect your health. As I have mentioned before, you are reaching the ending phase of Moon dasha to be followed by the mahadasha of Mars from November 2011. Mahadasha lord Mars is a malefic, disease giving planet who does not promise much improvement in health condition. It is most likely to cause, accidents, injuries and wounds in the body due to sharp objects and also due to fire. There could also be a possible surgery in the dasha of Mars.

Period from April 2012 till May 2015 is very critical for your health. The series of antardashas during this period belong to weak and afflicted planets, which can aggravate chronic health conditions, related to joints, especially in the lower limbs of the body. There could also be digestive disorders, food poisoning and acute pain in the abdomen. Between April 2013 and May 2015, there is likelihood of surgery.

Thereafter the period of Mars/Mercury and Mars/Ketu between May 2015 and October 2016, may bring slight improvement in joint pains, but the period may trigger off bodily pains and general weakness due to inflammation or weakness of nerves. The period Mars/Ketu gives proneness towards accidents and injuries to the body due to sharp object and fire.

After May 2015, there will be gradual improvement in your health till November 2018. Change in dasha from Mars to Rahu, will again cause manifestation of diseases, between July 2018 and December 2023, in the dashas of Rahu/Rahu and Rahu/Jupiter.

Following dasha of Rahu/Saturn from December 2023 till October 2026, may again aggravate chronic joint pains.

Dasha of Rahu may continue to give joint pains on a lesser intensity. But due to the malefic nature of Rahu and planetary influences on Rahu, you are most likely to have acute digestive disorders, food poisoning and pains and weakness in the limbs due to weakness and inflammation of nerves.

Period of Mars will make you energetic and active in your lifestyle, but being a fiery planet, it may not promise, mental calmness. Also since Mars, is not under any benefic planetary influence, you should be very careful while doing physical activities during this period else you may accidentally hurt your joints. Following dasha of Rahu will again give you the confidence and courage to overcome the ailments, however, due to the influence of weak and malefic planets, on dasha lord Rahu, you may continue to have health problems during this dasha. Since Rahu is also not under the influence of any benefic planet, you will have difficulty in keeping calmness and mental poise.

Overall, for next fifteen years, you may continue to have chronic and other mentioned health ailments, with slow improvement in health condition. You should try and maintain a health but moderate lifestyle in order to improve your overall health.

#### **Recommendations of Astrological Remedies -**

Based on the planetary promises in your horoscope I would like to suggest you a few remedial measures.

1. Wear a good quality Green **Emerald** weighing 6.5 carat in left hand's little finger. The gemstone should be studded in gold metal. It is to be worn on Wednesday morning.
2. Avoid cold, stale and preserved foods.
3. Include more of green and orange colour in your diet such as green leafy vegetables, green lentils, oranges, papayas etc.
4. Wear a good quality white **Pearl** weighing 6.5 carat in right hand's little finger. The gemstone should be studded in silver metal. It is to be worn on Monday morning.

On behalf of CyberAstro.Com  
Sonia Mehdiratta  
Astrologer

**NOTE:** Getting best quality astrological gemstone is a very tough task nowadays. However, here is given the link for guidelines to select the right and best quality gemstone. Please follow this link before you choose a gemstone suggested by our astrologer:

[http://www.cyberastro.com/remedies/gems\\_guideline2.asp](http://www.cyberastro.com/remedies/gems_guideline2.asp)

Please read <http://www.cyberastro.com/asp/disclaimer.asp>